

New Year



ブリッジふりと
知育・学習・英会話



1. New Year's resolution
2. vow
3. stick to ~
4. abandon
5. lack of ~
6. willpower
7. motivation
8. sacrifice
9. forthcoming
10. prior
11. get fit
12. quit smoking
13. lose weight
14. take up a new hobby
15. straightforward
16. challenging
17. worthwhile
18. substantial
19. a fresh start
20. suitable timing

1. How did you spend the New Year period?
2. How was the prior year for you?
3. What are you looking forward to in the forthcoming year?
4. What do you think about the tradition of making New Year's resolutions?
5. What are some popular vows people make at New Year?
6. What would be a worthwhile resolution for you?
7. How straightforward or challenging would it be to stick to that resolution?
8. The majority of people abandon their resolutions very quickly. Why do you think this happens?
9. Every substantial change you make in your life will need sacrifices. In order to get fit and lose weight, what sacrifices would you need to make?
10. Agree or disagree: We shouldn't just make resolutions at New Year, vows can be started at any time of the year.