Healthy Eating

1. fruit
2. vegetable
3. eat
4. health
5. breakfast
6. lunch
7. dinner
8. dish
9. healthy/healthier/healthiest
10. unhealthy
11. need
12. food
13. candy
14. meat
15. fish
16. make
17. prepare
18. should
19. enjoy ~ing
20. go on a diet

1. Do you enjoy eating healthy food?

2. What healthy foods do you like?

3. What healthy dish can you make?

4. Who eats the healthiest food in you family?

5. Which is healthier, fruit or vegetables?

6. Which is more unhealthy, meat or fish?

7. Do you need to go on a diet?

8. How often do you eat candy or chocolate?

9. Which do you enjoy the most, breakfast, lunch or dinner? Why?

10. Why should we eat healthy foods?

11. Some people eat no meat and no fish. What do you think about that?